**KCP and KCEM Menu**

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| Monday 8-15 | Tuesday 8-16 | Wednesday 8-17 | Thursday 8-18 | Friday 8-19 |
| **Breakfast****Whole Grain Cereal****Sausage Muffin****Fresh Fruit Milk** | **Breakfast****WG Pancakes/ maple syrup****Chicken sausage****Fresh fruit****Milk** | **Breakfast****WG Chicken Biscuit****Whole Grain Cereal****Fruit****Milk** | **Breakfast****WG Waffles****Turkey sausage****Fruit****Milk** | **Breakfast****Cheesy Eggs****Housemade Muffin****Fresh Fruit****Milk** |
| **Lunch****WG Turkey Hot dog****WG- Mac and Cheese****WG Bl. Bean Burger****Braised Green Beans****Fresh Produce Bar****Milk** | **Lunch****WG Taco salad****Black Beans Corn Salsa****Cheese Quesadilla****Fresh Produce Bar****Milk** | **Lunch****WG Harvest Burger &****tomato basil jam****Citrus kale slaw****Chicken Tenders****Fresh Produce Bar****Milk** | **Lunch****WG Pasta Marinara & Meatballs****Grilled local veggies****BBQ Chicken Nuggets****Fresh Produce Bar****Milk** | **Lunch****Specialty Pizza****Cheese pizza****Turkey Club Wrap****Fresh Produce Bar****Milk** |
| Monday – 8-22 | Tuesday 8-23 | Wednesday 8-24 | Thursday 8-25 | Friday 8-26 |
| **Breakfast****Whole Grain Cereal****Sausage Muffin****Fresh Fruit Milk** | **Breakfast****WG Pancakes/ maple syrup****Chicken sausage****Fresh fruit****Milk** | **Breakfast****WG Chicken Biscuit****Whole Grain Cereal****Fruit****Milk** | **Breakfast****WG Waffles****Turkey sausage****Fruit****Milk** | **Breakfast****Cheesy Eggs****Housemade Muffin****Fresh Fruit****Milk** |
| **Lunch****WG Carolina BBQ Chicken****Glazed carrots****Tuna Salad WG Wrap****Fresh Produce Bar****Milk** | **Lunch****Fiesta Beef WG Mac & Cheese****Cilantro lime Corn****WG Cheeseburger Wrap****Fresh Produce Bar****Milk** | **Lunch****WG Grilled turkey & Cheese****Braised Green Beans****Baked WG -Pasta****Fresh Produce Bar****Milk** | **Lunch****Chicken Basil Alfredo****Sautéed Spinach****Turkey WG Burger****Fresh Produce Bar****Milk** | **Lunch****French Bread Pizza****Chicken Ranch Wrap****Garden Salad****Fresh Produce Bar****Milk** |
| Monday 8-29 | Tuesday 8-30 | Wednesday 8-31 | Thursday 9-1 | Friday 9-2 |
| **Breakfast****Whole Grain Cereal****Sausage Muffin****Fresh fruit****Milk** | **Breakfast****WG -Pancakes/ Maple Syrup****Chicken Sausage****Fresh fruit****Milk** | **Breakfast****WG Chicken Biscuit****Whole Grain Cereal****Fruit** **Milk**  | **Breakfast****WG -Mini Waffles****Turkey sausage****Fruit****Milk** | **Breakfast****Housemade Muffin****Cheesy eggs****Fresh Fruit****Milk** |
| **Lunch****Local Veggie WG Pasta Bake****WG-Chicken Tenders****Produce Bar****Milk****Fresh Fruit** | **Lunch****Fajita Loaded Potato Wedges****Roasted Peppers & Onions****Chicken Buffalo WG -Wrap****Fresh Produce Bar****Milk**  | **Lunch****BBQ Meatball WG -Subs****Waffle Fries****WG -Chicken Nuggets****Fresh Produce Bar****Milk****Fresh Fruit** | **Lunch****Chili Dog WG****Baked Beans****Cheese Burger WG -with Fries****Fresh Produce Bar****Milk / Fresh Fruit** | **Lunch****Specialty Pizza****Cheese pizza****Buffalo Tofu Wrap****Fresh Produce Bar****Milk****Fresh Fruit** |
| Monday 9-3 | Tuesday 9-4 | Wednesday 9-5 | Thursday 9-6 | Friday 9-7 |
| **Breakfast****Whole Grain Cereal****Sausage Muffin****Fresh fruit****Milk** | **Breakfast****WG -Pancakes/ Maple Syrup****Chicken Sausage****Fresh fruit****Milk** | **Breakfast****WG Chicken Biscuit****Whole Grain Cereal****Fruit****Milk** | **Breakfast****WG -Mini Waffles****Turkey sausage****Fruit****Milk** | **Breakfast****Housemade Muffin****Cheesy eggs****Fresh Fruit****Milk** |
| **Lunch****Lemon Grilled Chicken****WG Rice****Broccoli / Roll****Black bean Vegetable Burger****Fresh Produce Bar****Milk** | **Lunch****WG -Pasta Marinara & Meatballs****Roasted Local Veggies****BBQ Chicken Nuggets****Fresh Produce Bar****Milk** | **Lunch****KIPP Bowl****mash-corn-chicken-gravy****Braised Green Beans****Tuna Salad WG Wrap****Fresh Produce Bar****Milk** | **Lunch****BBQ Shredded Beef****WG Bun****Baked Beans****WG -Sunset Salad Bake****Fresh Produce Bar****Milk** | **Lunch****Specialty Pizza****Cheese Pizza****Chicken Ranch Wrap****Fresh Produce Bar****Milk****Fresh Fruit** |

***Variety of Milk is offered with all Breakfasts***

***All Lunches include a minimum choice of tossed salad, fresh vegetable and fresh fruit***

KIPP Columbus is a **PORK FREE & PEANUT FREE** school. A Variety of Low-fat fluid milk served daily.

**This Institution is an equal opportunity provider.**

**IMPORTANT:** Please discuss any food allergy issues concerning your child with Liza Stokes AVI Resident Director lstokes@avifoodsystems.com