**KCP and KCEM Menu**

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| Monday 8-15 | Tuesday 8-16 | Wednesday 8-17 | Thursday 8-18 | Friday 8-19 |
| **Breakfast**  **Whole Grain Cereal**  **Sausage Muffin**  **Fresh Fruit Milk** | **Breakfast**  **WG Pancakes/ maple syrup**  **Chicken sausage**  **Fresh fruit**  **Milk** | **Breakfast**  **WG Chicken Biscuit**  **Whole Grain Cereal**  **Fruit**  **Milk** | **Breakfast**  **WG Waffles**  **Turkey sausage**  **Fruit**  **Milk** | **Breakfast**  **Cheesy Eggs**  **Housemade Muffin**  **Fresh Fruit**  **Milk** |
| **Lunch**  **WG Turkey Hot dog**  **WG- Mac and Cheese**  **WG Bl. Bean Burger**  **Braised Green Beans**  **Fresh Produce Bar**  **Milk** | **Lunch**  **WG Taco salad**  **Black Beans Corn Salsa**  **Cheese Quesadilla**  **Fresh Produce Bar**  **Milk** | **Lunch**  **WG Harvest Burger &**  **tomato basil jam**  **Citrus kale slaw**  **Chicken Tenders**  **Fresh Produce Bar**  **Milk** | **Lunch**  **WG Pasta Marinara & Meatballs**  **Grilled local veggies**  **BBQ Chicken Nuggets**  **Fresh Produce Bar**  **Milk** | **Lunch**  **Specialty Pizza**  **Cheese pizza**  **Turkey Club Wrap**  **Fresh Produce Bar**  **Milk** |
| Monday – 8-22 | Tuesday 8-23 | Wednesday 8-24 | Thursday 8-25 | Friday 8-26 |
| **Breakfast**  **Whole Grain Cereal**  **Sausage Muffin**  **Fresh Fruit Milk** | **Breakfast**  **WG Pancakes/ maple syrup**  **Chicken sausage**  **Fresh fruit**  **Milk** | **Breakfast**  **WG Chicken Biscuit**  **Whole Grain Cereal**  **Fruit**  **Milk** | **Breakfast**  **WG Waffles**  **Turkey sausage**  **Fruit**  **Milk** | **Breakfast**  **Cheesy Eggs**  **Housemade Muffin**  **Fresh Fruit**  **Milk** |
| **Lunch**  **WG Carolina BBQ Chicken**  **Glazed carrots**  **Tuna Salad WG Wrap**  **Fresh Produce Bar**  **Milk** | **Lunch**  **Fiesta Beef WG Mac & Cheese**  **Cilantro lime Corn**  **WG Cheeseburger Wrap**  **Fresh Produce Bar**  **Milk** | **Lunch**  **WG Grilled turkey & Cheese**  **Braised Green Beans**  **Baked WG -Pasta**  **Fresh Produce Bar**  **Milk** | **Lunch**  **Chicken Basil Alfredo**  **Sautéed Spinach**  **Turkey WG Burger**  **Fresh Produce Bar**  **Milk** | **Lunch**  **French Bread Pizza**  **Chicken Ranch Wrap**  **Garden Salad**  **Fresh Produce Bar**  **Milk** |
| Monday 8-29 | Tuesday 8-30 | Wednesday 8-31 | Thursday 9-1 | Friday 9-2 |
| **Breakfast**  **Whole Grain Cereal**  **Sausage Muffin**  **Fresh fruit**  **Milk** | **Breakfast**  **WG -Pancakes/ Maple Syrup**  **Chicken Sausage**  **Fresh fruit**  **Milk** | **Breakfast**  **WG Chicken Biscuit**  **Whole Grain Cereal**  **Fruit**  **Milk** | **Breakfast**  **WG -Mini Waffles**  **Turkey sausage**  **Fruit**  **Milk** | **Breakfast**  **Housemade Muffin**  **Cheesy eggs**  **Fresh Fruit**  **Milk** |
| **Lunch**  **Local Veggie WG Pasta Bake**  **WG-Chicken Tenders**  **Produce Bar**  **Milk**  **Fresh Fruit** | **Lunch**  **Fajita Loaded Potato Wedges**  **Roasted Peppers & Onions**  **Chicken Buffalo WG -Wrap**  **Fresh Produce Bar**  **Milk** | **Lunch**  **BBQ Meatball WG -Subs**  **Waffle Fries**  **WG -Chicken Nuggets**  **Fresh Produce Bar**  **Milk**  **Fresh Fruit** | **Lunch**  **Chili Dog WG**  **Baked Beans**  **Cheese Burger WG -with Fries**  **Fresh Produce Bar**  **Milk / Fresh Fruit** | **Lunch**  **Specialty Pizza**  **Cheese pizza**  **Buffalo Tofu Wrap**  **Fresh Produce Bar**  **Milk**  **Fresh Fruit** |
| Monday 9-3 | Tuesday 9-4 | Wednesday 9-5 | Thursday 9-6 | Friday 9-7 |
| **Breakfast**  **Whole Grain Cereal**  **Sausage Muffin**  **Fresh fruit**  **Milk** | **Breakfast**  **WG -Pancakes/ Maple Syrup**  **Chicken Sausage**  **Fresh fruit**  **Milk** | **Breakfast**  **WG Chicken Biscuit**  **Whole Grain Cereal**  **Fruit**  **Milk** | **Breakfast**  **WG -Mini Waffles**  **Turkey sausage**  **Fruit**  **Milk** | **Breakfast**  **Housemade Muffin**  **Cheesy eggs**  **Fresh Fruit**  **Milk** |
| **Lunch**  **Lemon Grilled Chicken**  **WG Rice**  **Broccoli / Roll**  **Black bean Vegetable Burger**  **Fresh Produce Bar**  **Milk** | **Lunch**  **WG -Pasta Marinara & Meatballs**  **Roasted Local Veggies**  **BBQ Chicken Nuggets**  **Fresh Produce Bar**  **Milk** | **Lunch**  **KIPP Bowl**  **mash-corn-chicken-gravy**  **Braised Green Beans**  **Tuna Salad WG Wrap**  **Fresh Produce Bar**  **Milk** | **Lunch**  **BBQ Shredded Beef**  **WG Bun**  **Baked Beans**  **WG -Sunset Salad Bake**  **Fresh Produce Bar**  **Milk** | **Lunch**  **Specialty Pizza**  **Cheese Pizza**  **Chicken Ranch Wrap**  **Fresh Produce Bar**  **Milk**  **Fresh Fruit** |

***Variety of Milk is offered with all Breakfasts***

***All Lunches include a minimum choice of tossed salad, fresh vegetable and fresh fruit***

KIPP Columbus is a **PORK FREE & PEANUT FREE** school. A Variety of Low-fat fluid milk served daily.

**This Institution is an equal opportunity provider.**

**IMPORTANT:** Please discuss any food allergy issues concerning your child with Liza Stokes AVI Resident Director [lstokes@avifoodsystems.com](mailto:lstokes@avifoodsystems.com)