



KIPP Columbus Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast House made muffin w/ Turkey sausage Fresh Fruit Milk Lunch Lemon Yogurt Chicken Roasted Vegetables Fresh Produce Bar Milk	Breakfast Crisp Waffle / maple syrup Chicken sausage Fresh fruit Milk Lunch Roasted Lamb Orzo Bowl Sauteed Cauliflower Fresh Produce Bar Milk	Breakfast Cheesy Biscuit Maple Sweet Potatoes Fruit Milk Lunch All American Chili Dog Crisp Ranch Fries Fresh Produce Bar Milk	Breakfast Mango Yogurt Smoothie Fresh Made Granola bar Fruit Milk Lunch Buffalo Grilled Chicken Wrap Roasted Corn Milk	Breakfast Herb Roasted Potatoes Cheesy eggs Fresh Fruit Milk Lunch Meat Lovers Pizza Kale Caesar Salad Fresh Produce Bar Milk
Breakfast House made waffles Chicken Sausage fruit Milk Lunch Korean Beef Tacos Shaved Ginger Cabbage Fresh Produce Bar Milk	Breakfast Roasted Potatoes Scrambled eggs Turkey Bacon Fresh Fruit Milk Lunch Nashville Style Chicken Baked Mac & Cheese Fresh Produce Bar Milk	Breakfast Vanilla French Toast Fresh Berry sauce Milk Lunch Mediterranean Beef Spinach Roasted Tomato Pasta Steamed Broccoli Fresh Produce Bar Milk	Breakfast House Made Blueberry Pancakes Turkey Sausage Fresh Fruit Milk Lunch Kimchi Chicken Fried Rice Radish & Coriander Salad Fresh Produce Bar Milk	Breakfast Local Yogurt Parfait Fresh made Granola Fresh Fruit Milk Lunch Taco Pizza Corn & Black Bean Salad Fresh Produce Bar Milk
Breakfast Warm Berry Pancakes Turkey Sausage Fresh fruit Milk Lunch Jerked Chicken Strips Creamy Cole Slaw Baked Beans Produce Bar Milk	Breakfast Black Berry Smoothie Oat and Cranberry Bar Fresh fruit Milk Lunch Grilled Sloppy Joe Roasted Sweet Potatoes Fresh Produce Bar Milk	Breakfast Chicken Sausage Biscuit Fruit Milk Lunch Shredded Mango Chicken Black Eyed Peas Peppers & Long Beans Fresh Produce Bar Milk	Breakfast Roasted Potatoes Cheese eggs Fruit Milk Lunch Roast Beef Hoagie Cheesy Broccoli Fresh Produce Bar Milk	Breakfast Blueberry Muffin Turkey Sausage Fresh Fruit Milk Lunch 5 Cheese pizza Italian Garden Salad Fresh Produce Bar Milk
Breakfast Turkey Bacon Cheese Bagel Fresh Fruit Milk Lunch BBQ Rubbed Beef Honey Glazed Carrots Mashed Potatoes & Grazy Fresh Produce Bar Milk	Breakfast Blueberry Waffles Turkey Sausage Fruit Milk Lunch Italian Grilled Chicken Bites Mozzarella Waffles Fries Braised Green Beans Fresh Produce Bar Milk	Breakfast Sausage & Cheese Slider Fresh Fruit Milk Lunch Turkey Kielbasa Steamed White Rice Cheesy Cornbread Fresh Produce Bar Milk	Breakfast Berries & Toasted Oat Bowl Fresh fruit Milk Lunch Lemon Grilled Chicken Roasted Tomato Tortellini Roasted Broccoli Fresh Produce Bar Milk	Breakfast Vanilla French Toast Fresh Berry sauce Fruit Milk Lunch Chicken Sausage pizza Citrus Kale Slaw Fresh Produce Bar Milk

Variety of Milk is offered with all Breakfasts

All Lunches include a minimum choice of tossed salad, fresh vegetable and fresh fruit

KIPP Columbus is a **PORK FREE & PEANUT FREE** school. A Variety of Low-fat fluid milk served daily.

This Institution is an equal opportunity provider.

IMPORTANT: Please discuss any food allergy issues concerning your child with the **front office** (614) 263-6137.

